



Fleet Controller	Location: Darwin	PUMA/Direct Haul
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Description: Site based role performing computer and desk work in air-conditioned office with adjustable chairs. Access to control room 100 m walk over level ground with 3 steps then stairway (15 steps) with rail on either side and door at the top of the stairs. Exposure to weather conditions walking from admin office to fleet control building. Tea room and toilets on same floor ~10 m walk.

PPE: Long sleeved collared shirt, long pants, steel capped boots

Roster: Monday-Friday 0800-1700. Weekends on call.

Environment / Health: Exposure to weather with hooking/unhooking or access to office.

Task:	Photo:
<p>Desk Work: Worker sits on adjustable rolling chair. Worker may stand occasionally to move to printer or walk to another desk. Data entry into computer using mouse/keyboard with 1-2 adjustable monitors. Phone use with headset available. Worker will walk up/down stairs approximately 10 x day to talk to other staff on the floor/drivers etc. Essential task.</p>	
<p>Hooking/Unhooking Trailers: Performed 4-5 x week in the yard ~15 min to hook or unhook each trailer. Forward reach to twist off taps. Worker must ascend 3 vertical steps with 3 points of contact to access trailer centre and detach hoses at ground height. Standing beside trailer, worker cranks at waist height to lower feet to ground (forceful push/pull). Worker forcefully pulls handle forward reaching under barrel. Worker must ascend 3 vertical steps with bar to access cab of truck to drive forward while checking mirrors. Reverse performed to attach trailer with addition of visually checking handle/pin has clipped into place with torch and sustained squat under barrel. Non essential task.</p>	

Physical Demands

Job: Fleet Controller

Item	Other	Occasional	Frequent	Constant
Bench -Bench	Forceful push/pull	X		
Bench - Above Shoulder	Forceful pull	x		
Sitting - Supported				x
Walking		x		
Ladder		x		
Standing		x		
Squatting		x		
Stairs		x		
Neck:				
Rotation			x	
Forward Bend		x		
Bend Backward		x		
Back:				
Forward Bend		x		
Side Bend		x		
Rotation			x	
Bend Backward		x		
Arms:				
Forward Reach			x	
Side Reach			x	
Overhead Reach		x		
Hand Manipulation				x
Wrist/Hands:				
Bend Down		x		
Bend Up			x	
Bend toward thumb/little finger				x
Forearm Rotation		x		
Grip			x	

Frequency Classifications				
	% Task Time	Reps Per Day	Reps Per Hour	Reps Per Minute
N - Never	-	-	-	-
O - Occasionally	1-33	1-100	1-12	1 every 5-15
F - Frequently	34-66	101-500	12-63	1 every 1-5
C - Continuous	67-100	500+	>63	1 or more